

Neurotoxin (Botox, Dysport, Xeomin)

Pre-Treatment

- Avoid sun exposure prior to treatment.
- Sunburned skin cannot be treated.
- Do not bleach, wax, tweeze or use depilatory creams near the area for 1 to 2 days prior to treatment.
- Discontinue use of ALL retinoids (such as Retin A, Tazorac, Differin, etc.) 1 to 2 days prior to treatment.
- Discontinue use of all 10% or higher alpha hydroxy acids, exfoliants, etc. for 1 to 2 days prior to treatment.
- Patients who are pregnant, lactating, or have a neurological disorder such as ALS, Guillian-Barre Syndrome or Myasthenia Gravis should not have neurotoxin treatments.

Day of Treatment

- Arrive 30 minutes prior to appointment time if you wish use numbing cream.
- Omit lotions, creams or makeup around the area to be treated.
- Inform your provider of any changes in medical history and of all medications you're taking.
- Please be hydrated and eat if you get lightheaded with injections.

Post Treatment

- Bruising, swelling and/or redness may occur.
- Exaggerate facial expressions for one hour after treatment may help work Botox through the muscle area.
- Remain upright for four hours post treatment.
- Do not lay face down or get a massage for 24 hours.
- Avoid blood thinners after treatment to reduce the chance of bruising. Tylenol is acceptable.
- If for any reason, scabbing should occur, do not pick or scratch at the treated area. Treat skin gently. Wash with a gentle cleanser, cool water, using hands only. Pat dry.
- Results take 3-10 days to fully take effect, therefore additional injections will not be done until at least 10 days post initial treatment.